



## Mind Mapping – for more powerful thinking

At [equalta](#) our belief about Mind Mapping is

- ☑ our brains have a huge amount of untapped potential that Mind Mapping can help us release
- ☑ a highly effective tool for making the most of your time
- ☑ mind mapping is enjoyable and will make your work life more productive
- ☑ it can serve a huge variety of uses from taking notes, remembering things, organising thoughts, selling ideas...

When you choose to join us here at Missenden Abbey for an [equalta](#) Mind Mapping – for more powerful thinking course...

### **This is what your learning will achieve....**

Really experience the effectiveness and efficiency of Mind Mapping as a business technique to save you time

Recognise how using Mind Mapping naturally accesses and enhances the way you use your brain

Experience the wide variety of business needs that Mind Mapping can improve from organising your thoughts to making notes to generating and capturing new ideas for creativity

### **This is how you'll be learning...**

Practising techniques using live situations

Individual thinking

Small group work

Whole brain exercises

Walking in the woods

### **This is the atmosphere we'll set up for your learning...**

Some fun 'waking your interest' activities for you to do before you join the course

The Abbey and its grounds to create Mind Maps

Icebreaker(s) to set the 'exploratory' culture for the course

Sitting down for less than 50% of the time!

Props and equipment to access whole brain learning

Working together collaboratively

Flipcharts will gather on the walls as the day goes on to get a great sense of progress



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### **This is how we'll make your learning stick...**

Review and reflection - benefits and concerns of using the techniques, positive ways forward

Recaps - using fun (beachball, phone a friend...)

Real life examples of success in business

Follow up postcards to see how you're doing after the course

Collaborative connections after the course

### **This is what we'll actually be doing...**

Icebreaker(s)

Identifying uses for Mind Maps in your business

Discovering the natural way your brain works best

Then tap into the natural workings of your brain by using Mind Mapping

Writing Mind Maps – how to...

Using Mind Mapping for a selection from.... study, memory, planning, meetings, listening skills, appraisals, project management, research, decision making, analysis, note taking, speeches, .... *ok I'm bored now - you can actually use them for anything!*

Exercising your whole brain

### **Venue, dates and costs**

**Missenden Abbey Conference Centre, Bucks**

**May 4<sup>th</sup>, October 23<sup>rd</sup>**

Whole day course, including lunch: £495

Maximum 10 participants

### **What to do next**

**Call Nicole Sadd on 01494 866811 to book**

or

Call Steve Heeley on 01494 867940 for more information about the course